

News
Bulletin
of the

Humanitas

Federation of Filipino-Chinese Catholic Women's Organizations



Vol. XV No. 5

May - August 2011



FFCWO National Board Members at the Divine Mercy Shrine with the huge fifty-four feet tall statue of our Lord in Macajalar, El Salvador, near Cagayan de Oro.



Pants are not allowed at the shrine; hence the red skirts.

Easter 2011

**HALLELUJAH!!! THE LORD IS RISEN!!!
JESUS IS ALIVE!!!**

Easter, the celebration of life and resurrection of Christ, is observed with great zeal all around the world. It brings a ray of hope and signifies new life. Churches are decorated with fresh flowers and conduct special services to commemorate the grand event. While adults treat the day as a family occasion, feasting this time at home after Holy Mass; children mostly prefer to join in various competitions / activities that are being held in the parish.

At Our Lady of Lourdes Chapel, Easter Mass was celebrated at 10:30 in the morning. This was followed by Easter Egg Hunting with corresponding rewards for every find. Prizes were made up of religious items, candies, toys, coloring books and cookies. For many years, this annual feast is celebrated this way but this time it's different. We got new workers in the Lord's vineyard.



Twelve ladies joined Our Lady of the Miraculous Medal, FCCWO Butuan chapter and were inducted before the last blessing at the Mass presided over by our Chaplain Father Ronniel Babano. Indeed, many were called but few were chosen (Matthew 22:14) and these are the chosen few: Sarah Jane S. Silor, Lydia O. Condino, Evelyn M. Tiu, Juliet T. Lim, Marilou C. Gaspar, Marilyn M. Ngo, Jacqueline Marticion - Ty, Josephine Marticion Salise, Linslie U. Tan, Ruby Ann C. Marticion, Elizabeth L. Ramos, Avigail S. Rimando.

We sung "Welcome to the Family" and gave each lady a red rose, hugs and kisses. It was a very warm welcome, so touching that one couldn't but help shed tears of joy and have that feeling of belongingness with this new found family. Unfortunately five ladies were not able to come for some valid reasons; however they are already committed to be with us in our mission to grow in God's love, share God's love and be sisters in God's love.



God is good! He calls us by name. To the twelve new members, thank you so much for responding to God's call. **CONGRATULATIONS!!!**

Vergie D. Po
President
Butuan Chapter

From the Editor,

The deadline for submission of materials for the September - December issue of the **HUMANITAS** Vol. XV, No. 6 is November 30, 2011. Please be sure your manuscripts are **DOUBLE SPACED**.

Thank You.



菲華天主教婦女聯合會 Federation of Filipino-Chinese Catholic Women's Organizations

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Nat'l. Executive Secretary

President's Message

Exciting! Exhilarating, Enlightening! Apt words to describe my chapter visitations these past months. In the company of some of the National Board, Bishop Leopoldo Jaucian, our National Coordinator and Immediate Past President Mely Tieng, these trips will always be etched in my memory.

The visitation to Virac last May went smoothly in spite of the doubts and hesitancy of the chapter officers because there were only a few of them who were active, but Bishop Jaucian assured them that even if only two or three of them are available, we will still visit them. They were inspired by our gestures.

The month of June brought us to Tagbilaran, Cebu and Tacloban. The hosts of these places really prepared for our visitation. We became tourists as we toured the scenic spots like the renowned Chocolate Hills, picturesque Panglao beach and cruising the famous Loboc river. In Tacloban, we passed through the longest bridge in the country, the San Juanico bridge.

This trip to Tacloban was made more significant for me because I celebrated my birthday for the first time away from home. Likewise, it's made more meaningful, because unknowingly Tacloban Past President Wisdy Lim and myself have the same birthday and together we celebrated our natal day with their members and our National Board.

July was scheduled for Ozamiz, Iligan and Cagayan de Oro. I thank God for the good weather, safe travel and the wonderful opportunity of meeting the officers and members of these chapters. Special thanks to the Iligan chapter ladies who came to Cagayan de Oro all the way from Iligan just to be with us for a short meeting. The trip to the Shrine of the Divine Mercy in Cagayan de Oro was an added bonus.

In August, we will visit Butuan and Surigao and hopefully before the year end we will be able to complete our visits to all chapter members of the Federation.

Come October 12, 2011, on the occasion of their Patronal Fiesta, Dra. Araceli Tan, President of the Zamboanga chapter and National Board Director, planned to conduct a Medical Mission in Zamboanga City in coordination with FFCCWO as part of Sharing God's Love project.

In closing, I would like to extend my heartfelt gratitude to the FFCCWO for their prompt response when I asked for aid for the victims in Cotabato City. Indeed the Sharing God's Love of the federation is a testimony that we care and share. May the good Lord continue to bless the federation.



RAQUEL JAO LU
National President

Cagayan de Oro Chapter

FFCWO National Board and Bishop Leopoldo Jaucian Visit San Lorenzo Ruiz Ladies Circle



President Raquel Lu and company were welcomed by the officers and members of San Lorenzo Ruiz Ladies Circle. Late lunch and snacks followed at Missy Bonbon where the group exchanged pleasantries and organized the activities for the rest of the day. It was a very hectic and busy day for the National Board. A General Assembly was called for all members of the Ladies Circle to meet the National Board. This was held at Mallberry Suites and Business Hotel.



President Mila Rodriguez reported to Pres. Raquel and to the General Assembly the achievements of the chapter during her term. To mention a few:

- After years of hard work and unending fund raising, our community finally celebrated the **DEDICATION OF OUR NEW CHURCH** on Feb. 2, 2011. The ladies unselfishly shared their time and talents in the planning and implementation of the activity. We would also like to take this opportunity to thank FFCWO for all their support in helping us build our church.
- Feast of Sto. Niño - as always... Without the Ladies Circle - there would have been no dancing to praise Señor Sto. Niño. These ladies would do everything for the Lord.
- February is always a special month for the Ladies Circle, it being our foundation month. And this year, we're proud to say we inducted four new members.

- Every month of May, we have the Flores de Mayo. This year, 15 "littleangels" finished the month-long activities.
- September 28 - Feast day of our very own San Lorenzo Ruiz. The celebration would not have been complete if there is no program conceptualized and spearheaded by the Ladies Circle
- December 8. We celebrate the feasts of the Immaculate Conception and of Christmas. The ladies see to it that all celebrations are appreciated by all.
- We also support the yearly activity of the FCCCY's **Christmas for the Lord**, that is giving rice, noodles, sugar, milk, canned goods, old clothing, etc. to 500 indigent families. The Ladies do not fail to help the youth in every way they can.
- 2nd Sunday Masses are sponsored by the Ladies Circle who takes care of the readers, psalmists and offerers.

All of these would not be realized if it were not for the mentoring and guidance by our dear Fr. Gil and the learning and experience that we get from the Federation at every National Convention and Presidents', and Secretaries' Meeting.

On August 6, 2011, the Ladies Circle gave out 250 reading glasses and snack packs to our less fortunate brothers and sisters in Brgy. Macabalan, Cagayan de Oro City as their outreach projects Recipients were aged 40 and above. It was indeed a humbling experience to see the happy faces of our recipients after they were given the glasses probably with the thought of "FINALLY, I can already see and read clearly".



Cotabato Chapter

“Mother Lily’s” Big Day

The Mother of all Seasons, Mrs. Estrella Ho Uy, “Mother Lily” affectionately called by her family and friends, especially the Mary Mediatrix Ladies Circle of Cotabato, celebrated her birthday on May 22. Reaching the glorious age of 80 has never been more significant. FFCCWO President Raquel J. Lu meticulously planned and prepared a surprise program for “Mother Lily’s” big day assisted by the Mary Mediatrix Ladies Circle President Mildred L. Lim. It was a joyful celebration. Mother Lily is a Perpetual Director of the MMLC and Past President of the FFCCWO.



The affair started with a thanksgiving Mass at the Queen of Peace Church presided by Archbishop Orlando Quevedo, OMI, DD, followed by a sumptuous lunch at the family – owned South Seas Complex. What made the party so memorable was the lively dance numbers by selected MMLC members to the music of the 70’s, two song numbers, both favorites, rendered by Raquel Lu, was a surprise to the misty eyed celebrator. Some close friends of Mother Lily paid tribute to her by conveying their messages of love accompanied by anecdotes of the past, reliving beautiful memories which made her visibly touched. The party ended with a serenade of nostalgic songs led by the MMLC.



HAPPY, HAPPY BIRTHDAY, Mother Lily. We love you!!! Wishing you more blessed years to come.

Sharing God’s Love

Cotabato City was hit by the worst flood in 35 years due to the water hyacinths that clogged the Rio Grande River inundating 34 barangays. Seventy percent of the city was flooded with waist-deep water for more than two weeks. Hundreds of families were severely affected and forced to evacuate. People could move around only in bancas. Public schools, covered courts, gymnasiums and even barangay halls served as evacuation centers. Seeing the sad plight of the evacuees, FFCCWO National President Raquel J. Lu sought assistance from the federation. Immediately P200,000.00 was released and this amount was used to purchase rice, assorted canned goods, noodles and bottled water. The Mary Mediatrix Ladies Circle led by President Mildred L. Lim also donated the same kind of relief goods plus assorted medicines and boxes of bottled water from Past President Belinda Y. Dulay. All these goods were turned over to Fr. Edwin Degracia of the Immaculate Conception Cathedral who brought the goods to the victims on board bancas.



Judith L. Uy, a member of the MMLC solicited aid from the office of Vice President Binay which sent P900,000.00. Mildred L. Lim, MMLC President purchased rice, canned goods, noodles and biscuits with the money. These relief goods were turned over to City Mayor Japal Guiani Jr. for distribution to the flood victims.



The MMLC would like to thank the FFCCWO and Vice President Jejomar Binay for their generosity and immediate response in providing relief to the flood victims of Cotabato City.

Bishop Jaucian off to World Youth Day

With Fr. Peterson Tieng, LRMS, FCCY National Spiritual Director and other delegates to the World Youth Day in Madrid, Spain, Bishop Jaucian stopped by Cebu City as a jump off point for their trip.

On August 11, 2011, the group was given a dinner by the Sacred Heart Parish Ladies. They celebrated the Eucharist at St. Frances Xavier Chapel with Bishop Jaucian as presider and Fr. Tieng as co-celebrator. In his homily, Bishop Jaucian enlightened the congregation on the PCSO "Pajero Incident" investigation.

He was parish priest of St. Jude Archdiocesan Shrine near Malacafang for some years. When he was made bishop of Abra, someone from PCSO approached him with an offer of a donation of a vehicle. Since he needed transport for visitations in the mountainous diocese of Abra, he accepted the offer which turned out to be an inexpensive vehicle which he returned after the Senate hearing. When a door closes on us, God opens a window to let His grace in. Trust the Lord to inspire a benefactor to gift Bishop Jaucian with a vehicle, the offer, a real Pajero, no less!

♦ ♦ ♦

SHPLA Sponsors Catechism Classes

At Cherish School (a non-sectarian Chinese School) catechism classes for 100 high school students has been resumed every Friday afternoon under Sister Bernadette. The elementary pupils prepare for First Holy Communion with Sister Alicia and Sister Lilia Tan Lu, F.I. every Saturday. Students from Bethany School join the classes, too. The SHPLA catechetical team of Diante Dy, Milagros Lorenzo, Rosie Tio and Gloricia Yau have been with the project for several years. The catechism classes at Cebu Eastern College have been shelved for the school year because the new schedule does not permit time for the classes.

♦ ♦ ♦

Another project supported by the SHPLA is the Nutrition / Feeding Program at Zapatera Elementary School. Over 200 malnourished students from Grade I to Grade III are beneficiaries of free lunches three days a week and a fourth day is sponsored by a private individual. Some students who come to school without breakfast are given lunch too. The program started this school on August 2 after the students were weighed, given deworming medicine and ID's for access to the lunch room.

Volunteer mothers undertake the food preparation. A group of Eucharistic Apostles of Divine Mercy members and other ladies help to serve.

Buddhist Christians: Is there such a thing?

Fr. Aristodé Dy, SJ, who did his regency at Sacred Heart School for Boys, came to the parish to give a talk at Sacred Heart Center on May 31, 2011. This Jesuit throughout has always been generous with his talents and his time. Even while he was with Jesuit Communications after ordination, he was one who would respond to any request - as long as it is AMDG.

Fr. Ari said that contrary to popular knowledge, Buddhism is not a religion. It is a philosophy, a way of life. It was articulated by Gautama Buddha, scion of a wealthy, powerful family from India. He was shielded by his family from life's realities; so, he grew up seeing only beauty all around him, not knowing about suffering and death.

One day, however, he came face-to-face with a derelict. This set him thinking, finally giving up all his luxury, leaving his luxurious life behind, seeking ENLIGHTENMENT so that he may understand why life in the world is what it is. He sought enlightenment by living a very austere life and by meditating on his quest.

His influence was widespread. His practices spread to China, Japan and of course throughout the rest of Asia. He observed certain practices which his followers adopted. Even Christians followed suit.

Fr. Ari called the attention of those in the audience to the fact that some of these practices may run counter to the teachings of the Catholic Church. For instance, ancestors worship. He said that only God deserves worship. What we should do is respect our ancestors. Living up to their good names and deeds is one way of manifesting this. The tiam hui should be carried out in this spirit, not in adoration.



Quite a number of parishioners and guests attended Fr. Ari's talk. They left Sacred Heart Center enriched with new knowledge about the meaning of inculturation - thanks to this young Jesuit who is currently working on his dissertation in England.

Dagupan Chapter

Spreading the Word of God

By: Browyn Joy C.Lim

Catechism? It simply means to teach the Word of God. Every year, the Family Action of St. Therese (F.A.S.T.) in cooperation with St. Therese of the Child Jesus Parish sponsored a "SUMMER CATECHISM" program for young children to understand and welcome their faith and learn about it. And this year was no exception. There were 20 catechumens between the ages of 7 and 12. They were served snacks everyday. They underwent summer catechism with 3 parish-based catechists, who did wonders with the children. This program lasted for four weeks, culminated with Mass officiated by Parish Priest Fr. Gary Mendiguarin, SVD; the young children receiving their first holy communion.



Each catechumen was given a rosary, prayer book, medallions and certificate for their attendance. They were served a sumptuous lunch after the culmination ceremonies. All expenses incurred in this program were shouldered by the Family Action of St. Therese (F.A.S.T.)



A Tribute to a Great Lady



AMPARO V. TAN

January 2, 1918 – May 1, 2011

She was known to everyone as "Tiya Amparing", a well-respected lady who served St. Therese of the Child Jesus Parish in Dagupan City admirably in a very dedicated way. Tiya Amparing was a pioneering member of the Family Action of St. Therese (F.A.S.T.) and served as the organization's president from 1984-1987.

Any task that she undertook, she did it with complete enthusiasm and grace. Hard work and sacrifice were her hallmarks. She successfully led the group in its endeavors through her venerable ways of kindness and compassion. As each day passed by, Tiya Amparing grew more and more elegant, carrying herself with much poise and class. She will always be that one parishioner that sits with her back straight, and stands with her shoulders rolled back.

Tiya Amparing has a great love for her family and for those people around her, and she has always shown this great love; she never kept it from anyone. That is why she is most loved by her family, friends, and loved ones. Her kindness to all of us will forever be remembered in our hearts.

Thank you, Tiya Amparing for touching our life with the love of God. Enjoy the wonders of Heaven. You will surely be missed.

Browyn Joy C. Lim

Legazpi Chapter

Daughters of St. Jude Culminates Reflexology and Massage Therapy Training



Last June 5, 2011, eighteen (18) participants of the Reflexology and Massage Therapy joined the culminating activity at Barangay 34 Oro Site, Legazpi City, in the presence of Legazpi City Mayor, Hon. Geraldine B. Rosal and the local Barangay Council headed by PB Joseph Philip Lee. Each one received her Certificate of Completion and a kit composed of oil, lotion, powder, alcohol and face towel to start them off with new-found skill which can augment their income if pursued as a new career.



Training started last May 4 ending May 30, every Monday, Wednesday and Friday for three (3) hours per session totaling 40 hours training. A local trainer and massage therapy practitioner, Ms. Ludy Malvar, was hired for the job of skill transfer. Majority of the participants were residents of Barangay Oro Site. Others came from nearby barangays. On the part of DSJ, they shouldered the trainer's fee and the starter's kit, with cash from the livelihood training fund given to DSJ by FFCCWO during typhoon Reming. Project coordinator was Josephine Lee, under the supervision of Nilfa Lee, DSJ President.

Iriga Chapter

The members of our Lady of Peñafrancia Circle held their recollection May 29, 2011 at the audio-visual room of St. Anthony of Padua Parish with Father Rosaura Lunario as the recollection master. It was a good chance for the members to get together and share their insights on values of their respective families and marriages, more particularly on the topic of raising children.

A video presentation of the invitation to the upcoming National Convention in 2012 at Dumaguete City was shown during their meeting. There was an election of officers for 2011-2012; the induction took place there after.

Our Lady of Lady Peñafrancia Circle Iriga City Officers 2011-2012

<i>President</i>	: Ellen Trinidad
<i>Vice President</i>	: Sonia Lao
<i>Secretary</i>	: Shelly Mendez
<i>Asst. Secretary</i>	: Amelita Uy
<i>Treasurer</i>	: Virginia Ty
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<i>Business Managers</i>	: Monette Siriois Marlyn Limpin
<i>Board of Directors</i>	: Elena Ngo Yolanda Ong Felisa Dino Nena Lao Conchita Epres Marie Grace Ngo
<i>Spiritual Director</i>	: Msgr. Luis Jonie Aguirre



Sta. Maria Parish Catholic Women's Association Enjoys Its Many Blessings

The last months of this year's first quarter and the first two days of April found our SMPCWA with a hectic schedule. A hectic schedule full of **Blessings!**

Our first blessing was when our Sta. Maria Catholic School Principal, Fr. Salustiano dela Rama S.J. or Fr. Salty as we fondly call him, became a golden boy...he turned 50 last February 21. CWA deemed it proper to fete him with a simple breakfast party where we requested him to give us a talk about the things we have to empty in our cup of life, hope, love and joy. Salty has been one of our mentors since he came to Sta. Maria as parish priest; he has been guiding our association and always attending with us the FFCCWO biennial conventions.

Our second blessing is when one of our past Presidents, former past FFCCWO National President and currently FFCCWO President of the Council of Presidents, MADAME FANNY LAO UY celebrated her 75th birthday. Fanny has become a "diamond" lady! Although Fanny celebrates her natal day on February 21, she gave us a lavish and grandiose, very formal...



ladies in gown and gentlemen in barong or coat and tie...celebration last March 5, Saturday, at the Grand Ballroom of Iloilo Grand Hotel. For our part, CWA prepared two numbers: a birthday song sung by CWA members, all the red gowns befitting the occasion and a dance routine, "Mamma Mia" participated in also by CWA members who are Fanny's dearest friends! This is the first time Iloilo saw a grandiose celebration, fit for a lady who was earlier given by the City of Iloilo the award as "*Dungog Sang Dakbanwa sang Iloilo sa Turismo.*" Thus we feel blessed because Fanny Uy is one of us, a mentor, a friend and a good mother worth emulating.



Last but not the least is our third blessing, the birthday celebration on the 2nd day of April of our beloved Parish Priest, Fr. Roberto Antonio Sian S.J, whom we proudly call Father Robbie. CWA also gave him a simple breakfast celebration where we had lots and lots of pictures taken with him with a birthday cake befitting his young age of 42?



All these we consider blessings for our association...having our spiritual counselors who have become our close and dear friends...and a member who has been a mother to all of us...

We invite you to look at our pictures...as we all know...a picture can say a thousand words that a writer cannot write in one paragraph.

Thank You, Lord, for these blessings! **AD MAJOREM DEI GLORIAM**

VIRAC CHAPTER VISITATION



CEBU CHAPTER VISITATION



TACLOBAN CHAPTER VISITATION



TAGBILARAN CHAPTER VISITATION



ILIGAN CHAPTER VISITATION



OZAMIZ CHAPTER VISITATION



CAGAYAN DE ORO CHAPTER VISITATION



Paco, Manila Chapter

St. Peter the Apostle Ladies Circle (Paco) Visits Family Action of St. Therese

By: Anita A. Lee

The members of St. Peter the Apostle Ladies Circle together with the officers and members of the different F.C.C.Y. Manila Chapters visited the Family Action of St. Therese Ladies, Dagupan, last April 30, to May 1, 2011 in time for the celebration of their Bangus Festival. Enroute to their destination, they first made a pilgrimage to Our Lady of the Rosary of Manaog. Upon arriving in Dagupan, they were treated to a river cruise which is a newly added tourist attraction of the city after which a sumptuous dinner was hosted by the F.C.C.Y. Dagupan Chapter.



The next morning, they attended Mass together with F.A.S.T. members and offered a portrait of Blessed John Paul II to the parish. A delicious breakfast awaited them; this time hosted by the F.A.S.T. ladies. The ladies as well as the FCCY'ers were given souvenir items to take home.

Grand Lady of the Ong Tieng Family Celebrates her 100th Birthday

July 11, 2011 was a big red letter day for the Ong Tieng family. It was a Monday and the place of celebration was the Century Park Restaurant. Almost all who filled the restaurant were in red attire. To think that they were all the Ong Tieng siblings, grandchildren and great grandchildren of Madame Lola Haw Te who turned 100 years old that day. She was all smiles as she was greeted and kissed by seven of her nine children who made it to the affair with their respective children and grandchildren.



Tita Mely and her sisters were the organizers. Fr. Peter Tieng, a grandson, celebrated the Mass with his high tech missal, the Ipod. It was a grand reunion; US based Lynda Jimenez and her brothers and sisters from all over the Philippines came to celebrate with Lola Haw Te.



Tita Mely also invited Tita Juana Go, Cora Yap and her husband, FFCCWO President Rachel Lu, Lulu Sy and myself to the affair. **Happy Birthday, Lola Haw Te!** May you have more birthdays to come; we wish you good health.

By Letty A. Suarez
SJFCCWA, Zamboanga City

St. Peter the Apostle Ladies Circle

ACTIVITIES ...

1. APRIL 30, 2011, the ladies joined the FCCY on their bonding trip to Dagupan's Bangus Festival. We visited OUR LADY OF MANAOAG CHURCH and were welcomed by the ladies of F.A.S.T. They treated us to a river cruise.



MAY 01, 2011, we attended the morning Mass with the ladies and had a sumptuous breakfast with them afterwards. THANK YOU for all the tours and meals.



2. MAY 21, 2011, the members of St. Peter the Apostle Ladies Circle together with the Valencia Hills chapter went on a pilgrimage to the Virgen de la Regla at ANTIPOLO. We also visited the REGINA ROSARI on the way to JE Resort.



3. JUNE 19-20, 2011, The ST. PETER and BINONDO chapters together with the ladies from BOSOM BUDDIES had a joint recollection at NOAH'S ARK, KAMAY NI JESUS, Lucban, Quezon, Recollection Master FR. EJAY JARAPA invited us the next day to hear Mass at Our Lady of the Most Holy Rosary Seminary.



“The Pilgrim Way”

Excerpts from the talk given by Fr. Danny Huang, SJ, last July 30, 2011 at Sacred Heart Parish, Cebu City

Many of us are familiar with the images of St. Ignatius as the valiant and chivalrous soldier, the humble servant, and the leader. But Ignatius also considered himself “A Pilgrim”. A New Testament writer defines the word “pilgrim” as someone who goes on a journey in the hope of encountering God, or meeting Him in a new way. In this case, most of us can consider ourselves pilgrims and our lives a pilgrimage. What then can we learn from Ignatius about our own pilgrimage of life? There are three presuppositions:

1. Vulnerability.

The pilgrimage of Ignatius began when his dreams and ambitions of gaining earthly glory were shattered by a cannon ball that left him wounded, helpless, suffering and bored to death. He settled to read the Life of Christ and the Life of the Saints since there was nothing else to read nor do for he was bedridden. The stories later on changed his dreams. What happened to Ignatius happens to many of us. We go to God and pray when we are in great difficulty or when we are in dire need of His help but we ignore Him or forget Him when our life is all right. God seeks us when we are lost and invites us to pilgrimage when we are most vulnerable.

2. Freedom

Ignatius' path kept changing after his conversion. It took almost twenty years of changes before the idea of a religious order came to him and after his original plan to serve the Lord in the Holy Land was not realized. He detached himself from his plans and ideas but attached himself to God's will so he could be free to follow

wherever God led him. This reminds us that the happiest people are those who are free.

3. Charity

Ignatius was a pilgrim with companions, and not a solitary pilgrim. He remained loving towards his fellow pilgrims even if they were very different people. He brought out

the best in Xavier and Faber and showed patience and kindness toward the difficult Simon Rodriguez. The presupposition, “Looking with the eyes of love” or in other words giving a good interpretation and seeing intentions rather than seeing only the actions, is the most important ecclesiological principle of Ignatius according to Philip Endean. If we practice it, we can journey with great peace and mutual encouragement with our fellow pilgrims.

Let us conclude by contemplating on the statue of Ignatius the pilgrim - where we see him continuously moving and walking despite the wind blowing against him - then let's ask ourselves.

- Where is God calling me to in his stage of my pilgrimage?
- How can I grow in freedom?
- Whom among my fellow pilgrims am I called to show my charity to?

AMDG - Ad Majorem Dei Gloriam
For the greater glory of God.



Tacloban Chapter

Members of the Sacred Heart of Jesus Women's Association attended the Mass offered at the First Profession of Faith of Sister Maria Joylynn Yu Chi who joined the Sisters Missionaries of the Immaculate Conception Congregation. She is the daughter of member Erlinda Chi. The ceremony and Mass was presided over by Fr. Edgar Macalalag, spiritual director of Sacred Heart of Jesus Women's Association at the parish church on March 25, 2011. Feast of the Annunciation: then the Blessed Virgin Mary said her YES.



Pictorials Pictorials Pictorials Pictorials

ILOILO CHAPTER



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COTABATO CHAPTER



Bouncy dance numbers spiced up the joyful celebration



Serenading the Queen of the Day with her favorite songs.



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St. Peter the Apostle Ladies Circle and the Binondo Chapter - Together in a Joint Recollection

Last June 17, 2011, I went to Manila for a scheduled executive check-up at St. Luke's Hospital in Global City. My good friend Tita Mely, FFCCWO past president re-scheduled my check-up which was supposed to be on June 18th to June 21st. She invited me to the advance birthday celebration of Fr. Joey Fallar, founder of the Kamay in Hesus Foundation in Lukban, Quezon City on the 18th, one day ahead of his June 19th birthday. She also asked me to join their recollection on June 19 to 20. The recollection was organized by St. Peter the Apostle Ladies Circle led by Tita Mely and chapter president Emely Chua. The venue was Noah's Ark, House of Prayer and Spiritually located within the Kamay ni Hesus Compound.



The group at the birthday party of Fr. Joey was composed of Tita Mely, Lulu Sy, Cora Yap, Lyrna Mimimo and me. We represented Mrs. Felicidad "Nanang" Sy of SM, a very generous benefactor of Kamay ni Hesus. Nanang could not make it to the party due to the heavy rain and the long distance travel. It was a grand celebration attended by diverse personalities who wowed the crowd with their classic songs rendered together with Fr. Joey Fallar, also a good singer. Those who sang with Fr. Joey were Dulce, Aiza Segueria, Candy Pangilinan and some singing priests and the most applauded Brother Michael Angelo Lobrin, author of *Laugh with God Today*, *Unang Ihip*, a national best seller with over 10,000 copies sold in 2 months. Brother Michael provided us with laughter through his jokes and anecdotes, drawn from his life as a religious brother, from the inspirational talks, lectures, recollections and retreats he gave to different organizations. He is a prolific and sought after inspirational speaker.



The group of Tita Juana Go and St. Peter the Apostle Ladies Circle arrived early morning of June 19 for the recollection at Noah's Ark House of Prayer and Spirituality. I was "adopted" by both chapters who also invited the Bossom Buddies, a group of cancer survivors. Our retreat master was Fr. Edilberto "EJ" H. Jarapa, director of Our Lady of the Most Holy Rosary Seminary, a diocesan college seminary in Manasa, Lukban, Quezon. Fr. EJ made a very good and enlightening talk. We were so touched with his wit and humor. After our recollection, he showed us around the college seminary Fr. EJ and the 62 seminarians led us to their living quarters on the fourth floor of the imposing building at the top of the hill from where we viewed the green mountains of Lukban. Then we bade them adieu and Fr. EJ escorted us to the Kamayan Palaisdaan where we were treated to a mouth-watering lunch of ginataan tilapia, paku salad garnished with salted eggs, sinigang na hipon and squid rings. The dessert was a lubid-lubid made from red squash. That was the first time I tasted it.

After lunch, we went back to Manila in a bus escorted again by Fr. EJ up to Lipa, Batangas. Everybody was happy and satisfied.

I was jittery because the following morning I had to undergo my check up and face all the tests on my 62 year-old body. All I could do was pray that everything will turn out right.



By Letty A. Suarez
SJFCCWA
Zamboanga City

My Petition for Our Mother of Perpetual Help was a Request for Miracle

The image of Our Mother of Perpetual Help come to the Philippines in 1931, and the perpetual novena first began in 1946 officiated by Fr. Nulty, C.Ss.R., at St. Clement's in the Redemptorist Parish in Iloilo. However, it was Fr. Gerard O'Donnell, C.Ss.R. of Iloilo, upon becoming rector of Redemptorist Church, Baclaran, first thought of



having perpetual novena to Our Mother of Perpetual Help in the Redemptorist Church, Baclaran, Parañaque, Metro Manila, with Fr. Leo English C.Ss.R. The first novena was said on June 27, 1948 with only 75 devotees attending. But by the end of the year, thousands poured into the church and until now, the perpetual novena is said every Wednesday by devotees in faith and fidelity to Our Mother of Perpetual Help, making it the biggest of its kind in the world.

Every year the feast honoring Our Mother of Perpetual Help is observed on the 27th of June, as tribute to her by millions of devotees who received favors through answered prayers. This captured and touched my heart's desire to bring my petition to the blessed Lady, the Mother of Jesus Christ. I faithfully said the regular novena and expressed my petition for a child, for I have been barren for seven years. This petition was a request for a miracle. I know by faith that Our Mother of Perpetual is very kind and will listen to the prayers of her devotees and capable of intercession between the devotees and her Son, Jesus Christ to perform miracles. I prayed my novena without promising anything in return.

Now, I have my Angelica Joyce, Eric and Giuliana Nichele. In deepest appreciation of Our Mother of Perpetual Help's faithfulness to me, my husband Fred and my family, I will forever offer our thanksgiving to the Mother of Christ, OUR MOTHER OF PERPETUAL HELP.

By: PP Loreta B. Uy

Our Lady of Loreto

Patron Saint of Pilots, Armen and Flight Attendants

December 10 is the feast day of Our Lady of Loreto. The title Our Lady of Loreto refers to the Holy House of Loreto, the house in which Mary was born, and where the Annunciation occurred, and to an ancient statue of Our Lady which is found there. Tradition says that a band of angels scooped up the little house from the Holy Land, transported it first to Tersato, Dalmatia in 1291, Reananti in 1294, and finally to Loreto, Italy in the woods belonging to a nobleman named Loreto where it has been for centuries. It was this flight that led to her patronage by people involved in aviation, and the long life of the house that has led to the patronage by builders, construction workers, etc. Loreto is the most famous Marian shrine in Italy and was the first shrine of the international renown dedicated to the Blessed Virgin. It has been known as a Marian center for centuries. It is a worldwide center of Marian prayer (Litany of Loreto) celebrating the "ineffable mystery of the Incarnation of the Word" and inviting all Christian families to take as their model the Family of Nazareth. Popes have always held the Shrine of Loreto in special esteem: it is under their direct authority and protection.



By: PP Loreta B. Uy

Prayer to Mary, Virgin of Loreto

by Angelo Comastri, Archbishop of Loreto

Oh Our lady of Loreto,

World misses you!
Your little "home" is the eloquent memory
of so many values lost but still dreamt:
the poor stones silently speak
and shout God is the only one wealth;
simplicity teaches and sweetly remembers
that humility is the ground of true greatness.

Oh Our Lady of Loreto

the silence of your "home"
keeps a "yes" that is ours
and we belong to that:
it is a "yes" that has broken
the chain of our "no";
it is a "yes" that has become the Body of the
Son of God,
Saviour of the world yesterday, today and forever.

Oh Our Lady of Loreto,

while centuries and millenniums go by
we trust in Your Heart
to intone in our poor heart
the melody of your "yes",
that fills us to Eternity
and make us happy pilgrims
going to the "Holy House" of God's sons.
Amen.

Zamboanga Chapter

Report of St. Joseph Filipino-Chinese Catholic Women's Association (SJFCCWA)

May 30, 2011 – St. Joseph Parish celebrated Sta. Cruzan with a Fund raising. During the coronation night, the SJFCCWA selected members contributed a number "ALISAN DANCE"



July 2011 – We held a novena in honor of the Sacred Heart of Jesus, On the Feast day, July 1, 2011, the SJFCCWA choir sang during the Holy Mass



June 19, 2011 – Quarterly Recollection
Theme: Corpus Christi – Holy Eucharist
Retreat master: Fr. Ronaldo Banaira
Started at 7:45 a.m. and ended at 3:00 p.m. with a Eucharistic Celebration



July 6, 7, 8, 2011 – Triduum Masses to celebrate the 11th Anniversary of the 120 Martyr-Saints of China on July 9, 2011



Contributed by Dr. Araceli Tan
President of SJFCCWA

Tacloban Chapter



June 5, 2011 Visitation of FFCCWO Pres. Raquel Lu and National Board to the Tacloban Chapter.